

Personal Training



Nationally Certified Trainers

Fees for GAFC members / Non-members City Residents / Non-members Non-City Residents

1 hour session - \$30 / \$40 / \$60

3 sessions - \$85 / \$114 / \$170

5 sessions - \$140 / \$188 / \$282

For a couple or pair - \$45 / \$60 / \$90



To register call
252.329.4041

Fitness Trainers

1 session - \$20 / \$30 / \$45

3 sessions - \$55 / \$75 / \$112

5 sessions - \$80 / \$120 / \$180

Couple/Pair - \$32 / \$45 / \$67

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Residents / Non-members Non-City Residents**